

Proclamation

NATIONAL RECOVERY MONTH – SEPTEMBER 2025

WHEREAS, National Recovery Month, recognized annually in September, spreads the positive message that behavioral health is essential to overall health; and

WHEREAS, treatment and prevention providers across the communities of San Mateo County have dedicated themselves to promoting recovery, saving lives and destigmatizing and educating the public about substance use and co-occurring disorders; and

WHEREAS, every day, in Menlo Park, community members and neighbors of all ages seek treatment for substance use and mental health disorders and begin the road to wellness and recovery in a system that emphasizes behavioral health as an essential part of overall health; and

WHEREAS, San Mateo County continues to support Recovery Month's mission to improve the lives of those living with these disorders, to celebrate individuals in recovery and to acknowledge those working to provide integrated recovery services; and

WHEREAS, prevention works, treatment is effective and recovery is possible; and

WHEREAS, while the road to recovery may be difficult, the benefits of preventing and overcoming substance use and co-occurring disorders are significant and valuable to individuals, families and communities. People can and do recover; and

WHEREAS, the official theme for National Recovery Month 2026 is "Recovery Happens Together," highlighting that meaningful and lasting recovery is built through partnerships, collaboration and community; and

NOW, THEREFORE, BE IT PROCLAIMED, that I, Betsy Nash, Mayor of the City of Menlo Park, on behalf of the City Council and City, do hereby proclaim and celebrate September 2026 as Recovery Month in Menlo Park.

Betsy Nash, Mayor
September 22, 2026